

# YOUTH LEADERSHIP AUTHORITY

2023

MAY

SUNDAY

Black = PT Day

Red - PFT Qualification

Green = Community Service

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	01	02	03	04	05	06  <b>1st PFT &amp; Intake @ Sunset Park 6am -12pm BRING: YLA &amp; SNDP Hold Harmless, 2 liter water bottle, \$125 App Fee, and \$70 uniform fee</b>
07  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	08  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	09  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	10  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	11  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	12  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	13  *PT 6am-10am @ Sunset Park <b>Bring ALL Paperwork</b> Bring water bottle Staff meets at 5:30am
14  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	15  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	16  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	17  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	18  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	19  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	20  *PT 6am-10am @ Sunset Park <b>LAST DAY to SUBMIT PAPERWORK</b> Bring water bottle Staff meets at 5:30am
21  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	22  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	23  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	24  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	25  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	26  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	27  6:30am-10:00am Lay down flags @ Southern Nevada Veterans Memorial Cemetery in Boulder City **Wear Community Service Uniform**
28	29  <b>Memorial Day 12pm-5pm*Wear Community Service Uniform* Veterans Memorial Cemetery in Boulder City *Staff 11:15</b>	30  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	31  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	01  WAKE UP EARLY! Push Ups-Pull Ups-Sit Ups Go For A Run! <b>Study: JJDIDTIEBUCKLE</b>	02	03

Revision 5/3/23

**Notes: ALL \*PT & \*PFT attire is the YLA & SNDP issued shirt (Eagle, Eagle Helper, Graduation, or I want to be a Devil Pup), YLA long black shorts, white socks, and running shoes. Tape with your last name on shirt.  
Eagles and Helpers can wear camelbacks. SNDP bring 2 liter CLEAR bottles with a white cap (soda size).**